

## ACTIVITIES UNDERTAKEN

2022

18<sup>th</sup> May

Importance of Eye Donation



On 18/05/2022, an awareness program on the "Importance of Eye Donation" was organized by the Youth Red Cross Unit of Dr. Rohini Kanta Barua Law College, Dibrugarh. The Resource person Dr. Ramesh Kumar Agarwalla, who is the founder Director of Drishti Netralaya, Dibrugarh Assam, accompanied with his junior colleague Dr. Priyal Agarwal and other dignitaries of the Red Cross Society. The programme was started with lighting of lamp by the dignitaries, followed by a welcome speech from the Principal of the college.

The resources person enlightened the audience how a simple step of eye donation after one's death can allow another life to see and embrace this beautiful universe. Other internal and external organs the human eye is the organ that remains functional for 6-7 hrs after the death. Meanwhile if the eye is preserved and taken care of it could be of immense help to someone who has been blindfolded by the nature itself. Dr. Agarwalla very clearly explained that a person can also voluntarily get his/her wish of eye donation executed by intimating his/ her family members

and the eye donation bank, while he/ she is alive. The programme was ended with a vote of thanks offered by Ms. Manalisa Medhi, Assistant Professor of Dr. Rohini Kanta Barua Law College.

**21<sup>st</sup> May**

### **Awareness Programme of Blood Donation**



On 21<sup>st</sup> May, 2022, an awareness program on the "Importance of Blood Donation" was organized by the Youth Red Cross Unit of Dr. R.K.B. Law College, Dibrugarh. The Resource person was Dr. Zarika Ahmed, a senior Medical Officer under Dept. of Pathology, Assam Medical College and Hospital, Dibrugarh (Assam) who was accompanied with Mr. Sudeep Ghosh from Lions Club of Dibrugarh and other Dignitaries of the Red Cross Society.

The programme was started with lighting of lamp, followed by presentation of college chorus by the students of the college and then a welcome speech from the Principal of the college.

The resources person enlightened the audience with the importance of Blood donation. She shared the history of blood donation which was first started in 1680 and how it was first experimented. Then the different criteria for blood donation were explained like the age should be between 18 to 65 yrs. and weight should be above 50kg, the Hemoglobin should be 12.5gm%. And after donating one's blood, precautions like not doing heavy workouts, drinking juice and water and proper meal should be taken. Dr. Zarika further explained how one becomes healthier after giving their blood as new RBC develops which are much more efficient in carrying oxygen. Further she added that only 300ml of blood can be donated after every 3 months in male and after 4 months in female. The blood donated is then kept in refrigerators and can be used within 35days and the plasma can be stored for a year.

After delivery of the Resource Person, other speakers also motivated students to come forward for the noble work of blood donation. The programme was ended with a vote of thanks delivered by Sri. R. K. Agarwalla, Sr. Lecturer of the college.

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22<sup>th</sup> May

## Free Health Check-Up Camp



On 22<sup>nd</sup> May, 2022, The Youth Red Cross Wing of Dr. R.K.B. Law College in Association with Rotary Club of Dibrugarh & Senior Citizen Forum, Dibrugarh organized a ***“Free Health Check-up Camp for Senior Citizen”*** from 10.00 a.m. to 2.00 p.m. The Programme got started with the felicitation of Sri Prutul Baruah, President Rotary Club, Dibrugarh, by Dr. Gautomi Dutta Borah, Principal, Dr. R.K.B. Law College, Dibrugarh, with a Phoolam Gamucha. Thereafter, the President of Rotary Club delivered welcome speech which was followed by a speech of Sri. Bolin Bordoloi, Secretary, Senior Citizen Forum.

The Free Health Check-up Camp was comprised with investigation and advice from Medical Practitioner of the following departments.

1. Medicine.
2. Eye.
3. ENT.
4. Orthopedic.
5. Physiotherapy.

Besides that, Blood pressure, Pulse rate and oxygen percentage have also been checked. Blood samples have been collected for investigating Hb%, RBS, TSH & Uric Acid. A team of Doctors from AMC&H, H.M. Hospital and members of various Pharmaceuticals Companies extended their support for smooth running of the Health Check-up Camp. The camp was successfully concluded with the free health checkup of sixty five (65) persons.

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16<sup>th</sup> September

## Blood Donation camp



On 16<sup>th</sup> September 2022, the Youth Red Cross Unit of Dr. R.K.B. Law College in association with the Red Cross Society of Dibrugarh and in collaboration with Archana Hospital, Marwari Yuva Manch, Dibrugarh, Pragati Branch and Blood Conservation Department ( Blood Bank) of Assam Medical College, Dibrugarh organized a **“Blood Donation Camp”** from 10.00 a.m. to 2.00 p.m. Dr. Pranit Kumar Chowdhary, President, Red Cross Society Dibrugarh, in the inaugural session emphasized the importance of blood donation and urged the people to extend their cooperation. Dr. Pankaj Kumar Srutikar, secretary of the Red Cross Society, Dibrugarh requested to donate blood voluntarily. Dr. Gautomi Dutta Borah, Principal, Dr. R.K.B. Law College, Dibrugarh, invites the students and the guests present to volunteer for the noble cause.



A total of 20 units of blood were collected at the camp which was primarily attended by youths. The camp was successfully concluded at 2:00 pm with a vote of thanks by Dr. Raghunath Barbora, Vice-President of Red Cross Society, Dibrugarh.

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6<sup>th</sup> November

## Bone Mineral Density Test



The Indian Red Cross Society, Dibrugarh district branch, in association with Archana Hospital, Dibrugarh, and with the cooperation of Red Cross Wing of Dr. Rohini Kanta Baruah College, Dibrugarh, and Senior Citizen Forum, Dibrugarh, organized a free bone mineral density testing camp at Dr. R.K.B. Law College premises on 6<sup>th</sup> November 2022. Dr. Pankaj Kumar Shrutikar, Secretary of, the Red Cross Society, Dibrugarh district branch, introduced all the executive officers and urged the people to take advantage of this free examination. The Secretary of the Senior Citizen Forum, Balin Bordoloi, welcomed all the participants.

Dr. Raghunath Barbara, Vice-president of the Red Cross Society, informed the audience about the need for bone density testing and explained the aims and objectives of the programme. The president of the Senior Citizen Council, Arun Chandra Saikia highlighted the contribution and humanity of the Red Cross Society, Dibrugarh branch.

The programme successfully ended with a total of 80 numbers of persons free bone density test.

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2023

8<sup>th</sup> May

Observation of World Red Cross Day



On 08/05/2023, on the occasion of World Red Cross Day, the Dibrugarh District Branch of the Indian Red Cross Society in association with the Youth Red Cross Unit of Dr. R. K. B. Law College, Dibrugarh celebrated World Red Cross Day at the Auditorium of the college. The Chairman of IRCS, Dr. Pranit Kumar Chowdhury delivered a welcome speech and briefed the participants on the activities of the branch. In the meeting, the theme song of the IRCS, written by Prof (Dr.) Karabi Deka Hazarika, and composed by Dr. Nirode Baruah, Vice Chancellor of Majuli University of Culture was released.. Dr. Bharati Dutta, writer and Life Member explained the importance of the Day and spoke on the philosophy of Sir Dunant, the founder of the Red Cross Society. In her speech, Dr. Trishna Bora, Joint Director of Health, Dibrugarh praised the IRCS's activities and urged each members to continue working with the motto of the Red Cross Society. She assured to cooperate with society in matters related to health.

Last but not least, the vote of thanks has provided by renowned Social Worker Smt Niharika Shrutikar, and at the end, the entire programme came to an end through the state anthem sung by all the present dignitaries.

2024

8<sup>th</sup> May

Observation of World Red Cross Day





On the occasion of World Red Cross Day May 8, 2024 Dibrugarh District Branch of Indian Red Cross Society, Youth Red Cross Wing of Dr. R. K. B. Law College, and Blood Bank of Assam Medical College, Dibrugarh celebrated 196<sup>th</sup> birth Anniversary of the founder of the Red Cross Society Sir Henry Dunant by organizing a Blood Donation Camp. The inauguration meeting began with the theme song of the Dibrugarh Red Cross Society. The President of the Society Dr. Pranit Kumar Choudhary, lit the lantern and laid wreaths at the portraits of Henry Dunant. Afterwards Dr. Gautomi Dutta Bora, Principal of Dr. R. K. B. Law College welcomed the participants and urged all the youths of the college to actively participate in the blood donation camp and make the event successful one. Dr. Karabi Deka Hazarika, a prominent life member of the Society, spoke about the importance of voluntary blood Donation in conjunction with the birth anniversary of Sir Henry Dunant. Dr. Shamina Nasrin Ahmed, a specially invited resource person from Assam Medical College, explained in detail about “Blood donation is a great Donation” and need the benefit of blood donation. Ms Manalisa Medhi, Programme Officer of Youth Red Cross Wing of the College explained in detail the arrangements taken by the Youth Red Cross wing of the College to organize this blood donation camp. Mr. Rajkumar Agarwalla, Vice-Principal of the College concluded the programme with a vote of thanks. Afterwards, the President of the Society Dr. Choudhary announced the opening of the blood donation Camp. A total of 15 units of Blood were collected. They were presented with blood donation certificates.

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**2025**

**8<sup>th</sup> May**

**Observation of World Red Cross Day**



To commemorate World Red Cross Day, the Dibrugarh district branch of the Indian Red Cross Society and the Youth Red Cross Wing of Dr Rohini Kanta Barua Law College, Dibrugarh, jointly organized a day long Yoga practice session. The programme was attended by renowned personalities Dr. Karabi Deka Hazarika, Dr Kandarpa Kumar Deka, Sri J. P. Kanoi (renowned social activist), Dr Gautomi Dutta Borah (Principal, Dr Rohini Kanta Barua Law College), Dr

Rajee Konwarh, President, Dr Rohini Kanta Barua Law College Golden Jubilee Organizing Committee, Dr Pranit Kumar Chowdhuri, (President, IRCS, Dibrugarh branch), Dr Pankaj Shrutikar, (Secretary, IRCS, Dibrugarh branch) and other members of the society, students and faculty members of the college. The dignitaries present in the meeting highlighted on the contribution of Sir Jean Henry Donunt towards humanitarian cause. The programme was followed by yoga demonstration by internationally acclaimed yoga practioner and expert, sri Jagdaish Bharali, accompanied by students, faculty members and members of IRCS, Dibrugarh Branch.

**8<sup>th</sup> June**

**Felicitation and Book Release Programme**



On 8<sup>th</sup> the monthly meeting of Dibrugarh Red Cross Society along with a book release programme and felicitation programme were held at the Dr Rohini Kanta Barua Law College College Auditorum. The meeting was organized in association with Golden Jubilee Organising Committee of the college and with the initiative of Red Cross Wing of the College. The meeting was graced by the august presence of Prof (Dr) K. K. Deka, former V.C. of Dibrugarh University and MSS University, Prof (Dr) Karabi Deka Hazarika, Retd. Prof., Dibrugarh university, Sri J. P. Kanoi, veteran Social Activist and many other dignitaries. The meeting was started with the theme song of Red Cross Society, followed by a welcome speech, delivery on objective of the meeting, reading out proceeding of 57<sup>th</sup> monthly meeting by Dr. P. K. Chowdhury, Dr Raghunath Borbora and Dr. Pankaj Kumar Shrutikar, President, Vice-President and Secretary respectively of the Red Cross Society, Dibrugarh. Then a book namely “ Smritir Horapat Bisari” written by Niharika Srutikar Bejbarau was released by Prof. (Dr) Karabi Deka HAZarika. Thereafter felicitation of Yoga Expert Sjt. Jagadish Bharali with a Gamusa and Manpatra for his immense contribution in the field of Yoga was held. The programme was ended with a vote of thanks by Dr Keshabananda Haloi, Associate Professor of DHSK Commerce College.